

and reports, but includes an index that is a veritable "Who's Who" of individuals who have been involved in psychic detective work.

The term "Blue Sense" comes from an anecdote attributed to Dr. C. B. Scott Jones, and related by Lyons and Truzzi, where Jones was at a meeting where a well-known Canadian psychic was working with a police artist on a composite sketch of a criminal suspect. As the picture took shape, Dr. Jones notes that the artist seemed to anticipate the changes the psychic would request, almost as if the two men had the same image in mind. When Jones commented on the fact, the police artist smiled and said "That's what we call the blue sense. Good cops have it" (p. 11). The authors put it like this: "The 'blue sense' named after the common color of police uniforms, is that hunch that sends a cop back to a police station or down an alley; that feeling of impending danger that tells him to draw his gun. It is that unknown quantity in the policeman's decision making that goes beyond what he can see and hear and smell."

This book evolved as the first public report of information gathered by The Center for Scientific Anomalies Research (CSAR, P.O. Box 1052, Ann Arbor, Michigan, 48103) under its Psychic Sleuths Project. The program, initiated in 1980, has become an international clearing house on police use of psychics and now has data on over two hundred psychics who have worked with police and law-enforcement agencies. They not only collect psychic success stories but also stories of failures, which seem less likely to reach the national media.

The Blue Sense is neither a validation nor dismissal of the use of psychics in criminal investigation, and the authors are quick to point out that much of the debate over these issues tends to be extremely simplistic.

The Blue Sense is one of those invaluable reference books that should be in every police academy library as well as a vital part of the parapsychologist's library.

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Many Lives, Many Masters by Brian L. Weiss, M.D. Simon & Schuster, 1988. 219 pp. \$10 (p) ISBN: 0-671-657886-0.

Through Time Into Healing by Brian L. Weiss, M.D. Simon & Schuster, 1992. 202 pp. \$20 (c), \$11 (p). ISBN: 0-671-74528-X. (With Introduction: by Raymond A. Moody, Jr., M.D. Ph.D. and Appendices: A. Making your own relaxation and regression tape; B. Suggested reading list on near-death and reincarnation, healing, alternative medicine).

What happens when a classically-trained psychiatrist, educated at Columbia and Yale, finds his training challenged by unorthodoxy? In his first book, *Many Lives, Many Masters*, Dr. Brian Weiss describes how he faced this dilemma.

Weiss, a traditionally-trained MD and psychiatrist, began treating a woman patient, Catherine, for anxiety, panic attacks and phobias but for eighteen months could not make any healing progress. He decided to try hypnosis and asked the patient to go back in her mind to the time when her problems originated. He expected her to describe traumatic early childhood experiences. Unexpectedly, she also recounted several lives that she had experienced prior to her current lifetime.

Dr. Weiss was initially skeptical but allowed the process to continue and, to his amazement, the patient gradually recovered to full health. In the process she revealed many details of her past lives which had direct relevance to her current problems. For example, after recounting a lifetime in which her life ended by having her throat slit, she subsequently overcame her phobias about swallowing and choking.

As Catherine's unorthodox treatment continued, Weiss searched the literature and found that in other cultures the concept of past lives with reincarnation is fully accepted. Yet in our Western tradition these same concepts are ignored, even ridiculed, to the point that Western medicine has no knowledge of the impact of these concepts on the health of the individual.

An equally intriguing aspect of the process that Weiss and Catherine underwent, was the emergence in the sessions of other voiced entities who claimed to be the "Masters." The Masters imparted information, through Catherine, regarding Weiss's life, career and family. This information was known only by Weiss and was not common knowledge.

Weiss's second book, *Through Time Into Healing*, is a sequel to *Many Lives, Many Masters* and recounts Weiss's application of past-life therapy to other patients with equal success. The book contains interesting case histories of his patients, their recall of past-life traumas, how these traumas were revealed as health problems in this lifetime, and how past-life traumas were resolved.

Weiss did some exploring among his professional colleagues and, to his surprise, found that many have privately-held beliefs in paranormal and metaphysical issues.

Both books will appeal to the professional looking for documentary evidence for reincarnation and its application to modern health issues.

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