

from a person during an out-of-body experience. RV operates best for producing information on things known to exist, and is not generally useful for information on mythical creatures, UFOs etc.

After completing high school, Mr. McMoneagle enlisted in the U.S. Army. After completing basic training he was recruited into the Army Security Agency and spent thirteen consecutive years overseas. After returning to this country he accepted a commission as a Warrant Officer and was assigned to Headquarters, Intelligence and Security Command. Less than one year later he became Remote Viewer #001 for the top-secret STARGATE project, which was a physic spy unit known by various names throughout its history.

As one of the original viewers, Mr. McMoneagle helped design and build an effective paranormal unit that serviced nearly all major Intelligence Agencies within the Federal Government for seventeen years. After retirement from the Army he was hired by Cognitive Science Lab, which was the laboratory responsible for the research and development of the STARGATE project. He is currently fully employed by them today, doing both research on psychic functioning's and RV.

I would highly recommend his book to anyone interested in the subject of RV.

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From Mesmer to Freud: Magnetic Sleep and the Roots of Psychological Healing by Adam Crabtree. New Haven, CT: Yale University Press, 1993, 413 pp. \$55.00, ISBN 0-300-05588-9 (retrospective).

I was asked to examine this book, which had been obtained from a remainder catalog, as a possibility for a “Retrospective Review.” In these reviews, appropriate older books that deserve current attention can be presented. I found *From Mesmer to Freud* in a local library, and a little research on my part revealed that the book is still available from major distributors. This is fortunate for those with an interest in hypnotic phenomena, especially “magnetic sleep.”

It has been claimed that the 1784 discovery of magnetic sleep—an artificially induced trancelike state—marked the beginning of the modern era of psychological healing. Crabtree, a psychologist (Centre for Training in Psychotherapy, Toronto), presents the story of the discovery of magnetic sleep and its relation to psychotherapy and the healing arts. I cannot remember reading a more carefully crafted presentation of hypnosis. This book is a comprehensive and outstanding analysis of the personal, social and cultural dynamics that shaped the study of this topic along with the personalities that defined this

field. But the book is also much more than that.

The subtleties involved in the evolution of this field shocked and sometimes outraged me. In particular, Crabtree's work, outside of its academic value, is also a sobering case study of how the politics of scientists can operate in disservice to science. Postmodernists will especially appreciate Crabtree's historical analysis because it uncovers and highlights information and ideas that the field disregarded as it adopted the materialistic perspective of Western medicine. I have seen other informal reviews of this book that independently echo this point to the extent that some *JSE* readers might believe that I have read the minds of these other reviewers or plagiarized their writings. For this reason, I initially hesitated to prepare a lengthy review. Upon reflection, I feel justified in publishing comments very similar to previous reviews because it substantiates that I am not alone in what I think is valuable about this book. In short, some aspects of Western medicine overlap with Eastern medicine, though the labels they ascribe to concepts might differ (e.g., chi or energy). Throughout this work many topics of interest to the SSE are discussed, including possession, dissociation, multiple personality, and paranormal effects associated with "animal magnetism." The scope is impressive and relevant to many areas of current research. Why have I never heard of this book before? This is an example of a valuable work that was missed, but happily may now receive deserved attention. No doubt many good books are unavoidably overlooked.

Before reading this book, and despite the fact that one of my graduate school mentors was a hypnotherapist and student of Milton H. Erickson, I had no deep-seated interest in or extensive knowledge of hypnosis. After reading and digesting this book, I can say that each of those issues has changed to an appreciable degree. If you cannot find it in a library, I highly recommend you search it out. At a remainder catalog price, the book is a steal for anyone. At the \$55.00 list price from Amazon.com, it is a good deal for serious students or scholars and scientists. Perusing the various reviews posted on the Amazon.com Web page for this work will show you that I am not alone in my sentiments. This is one book that I want for my personal library, and I might never have known about it except for the kind alert. Who knows what other overlooked treasures await to enhance our knowledge and research?

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